

EXAMPLES OF PERMITTED MEDICATIONS

SECTION 7: PGA TOUR Anti-Doping Program Examples of Permitted Medications

- **ADD/ADHD:** Strattera
- **Allergy:** Allegra (Fexofenadine), Benadryl (diphenhydramine), Claritin (loratadine), Triaminic (chlorpheniramine), Zyrtec (cetirizine)
- **Anesthetics:** All locals and locals with epinephrine permitted
- **Antacids:** Di-Gel, Gaviscon, Maalox, Mylanta, Tums
- **Anti-Anxiety:** Atarax, Ativan, Buspar, Librium, Valium, Vistaril, Xanax
- **Antibiotics:** All are permitted
- **Anti-Depressants:** All SSRIs (Prozac, Paxil, Zoloft, Lexapro, etc.), all SNRIs (Wellbutrin, Cymbalta, Effexor), all tricyclics
- **Anti-Diabetics:** All oral anti-diabetic medications
- **Anti-Diarrheals:** Diphenoxylate w/atropine, Imodium, kaolin w/pectin, Kaopectate, Lomotil, Lonox, loperamide, Pepto Bismol
- **Topical Antifungals:** Cruex, Desenex, Lamisil, Lotrimin, Micatin, Monistat, Mycostatin, Tinactin
- **Anti-Nausea/Anti-Vertigo:** Antivert, Bonine, Bucladin S, Compazine, diphenhydramine, Dramamine, Emetrol, Motion Aid, Tigan, Zofran
- **Antiviral:** Acyclovir, didanosine, Famvir, Relenza, Stavudine, Tamiflu, Valtrex
- **Asthma:** Accolate, cromolyn sodium, Intal, ipratropium, nedocromil sodium, Singulair, Spiriva, theophylline, Tilade
- **Cold/Allergy Medications:**
 - **Antihistamines/Decongestants:** Allegra, Benadryl, cetirizine, chlorpheniramine, clemastine, Clarinex, Claritin, diphenhydramine, fexofenadine, loratadine, naphazoline, oxymetazoline, phenylephrine, tetrahydrozoline, xylometazoline, and Zyrtec
 - **Combination Cold Medications:** Afrin, Alka Seltzer/ Alka-Seltzer Plus (cold & cough, cold & sinus, cold & flu), Chlor-Trimeton (allergy), Comtrex, Coricidin (HBP, cold, flu & sinus, cough & cold), Dimetap, Dristan, Mucinex (DM, Max Strength DM, Nasal Spray), Neo Synephrine, Robitussin (severe congestion, cold & cough, CF, PE, DM), Sudafed (PE), TheraFlu (flu, cold & cough, severe cold and congestion, flu & cold), Triaminic (cold & cough, allergy congestion, cold, allergy & sinus), Tylenol (flu, multi-symptom), Vicks (Dayquil, Nyquil); Zicam
 - **Cough preparations:** Codeine, Delsym, dextromethorphan, hydrocodone, Mucinex (DM), Robitussin, St. Joseph, Theraflu, Triaminic, Tylenol (Cold Multi-Symptom Nighttime), Vicks Nyquil Cold and Flu, Zicam
- **Ear Preparations:** Auralgan, Auro Ear Drops, Cerumenex, Ciprodex Otic, Cipro HC Otic, Cortisporin Otic, Debrox, Murine Ear Drops, Otic Domeboro
- **Erectile Dysfunction:** Levitra, Viagra, Cialis

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- **Eye Preparations:** Alex, Artificial Tears, Blephamide, Cortisporin Ophthalmic, Maxitrol, Murine Plus, Mycitracin, Naphcon-A, Neo-Synephrine, Ocu-Pred, Patanol, Pred-Forte, oxymetazoline, Relief, tetrahydrozoline, Vasocon-A, Visine
- **Hair Loss or Prostate:** Propecia, Proscar, Avodart
- **Hemorrhoidals:** Preparation H. External creams or topical ointments containing corticosteroids are allowed
- **Hypertension:** Ace Inhibitors: Accupril (quinapril), Aceon (perindopril erbumine), Altace (Ramipril), Capoten (Captopril), Lotensin (Benazepril), Mavik (Trandolapril), Monopril (Fosinopril), Prinivil (Lisinopril), Univasc (Moexipril), Vasotec (Enalapril), Zestril (Lisinopril) Calcium Channel Blockers: Adalat CC (dihydropyridine), Calan (verapamil), Cardizem (benzothiazepine), Covera HS (Verapamil), Dilacor XR (benzothiazepine), Dynacirc CR (Isradipine), Tiazac (Diltiazem), Norvasc (Norvasc), Plendil (Felodipine), Nicardipine (Nicardipine), Cardene SR (nicardipine), Procardia XL (Nifedipine), Sular (Nisoldipine), Isoptin SR (Verapamil), Verelan (Verapamil), Verelan PM (Verapamil)
Angiotensin II Receptor Blockers: Atacand (Candesartan), Avapro (Irebesartan), Benicar (Olmesartan), Cozaar (Losartan), Diovan (Valsartan), Micardis (Telmisartan), Teveten (Eprosartan), Alpha Blockers: Cardura (Doxazosin), Hytrin (Terazosin) Central Alpha Agonist: Catapres (Clonidine), Tenex (Guanfacine)
Combination Calcium Channel Blocker/Angioensin II Receptor Blocker: Exforge (Amlodipine/Valsartan)
Combination Ace Inhibitor/Calcium Channel Blocker: Lexxel (Enalapril Maleate/Felodipine), Lotrel (Amlodipine/Benazepril)
- **Laxatives:** Colace, Correctol, Dulcolax, Ex-Lax, Fibercon, Fleet Enema, Metamucil, Miralax
- **Liniments/Topicals:** Aspercreme, Ben-Gay, Biofreeze, capsaicin, Flex-All 454, Icy Hot Balm, Myoflex Cream, Sportscreme, Vicks Vaporub, Zostrix, Zovirax, topical skin corticosteroids
- **Muscle Relaxants:** Baclofen, Cyclobenzaprine, Flexeril, Norflex, Skefaxin, Soma, Zanaflex
- **Pain/Anti-Inflammatory:** Acetaminophen, Aleve, aspirin, Bufferin, Celebrex, Dolobid, Ecotrin, hydrocodone, ibuprofen, Lyrica, naproxen, Neurontin, piroxicam, propoxyphene, Tylenol (plain, ex-strength), Ultram. Non-steroidal anti-inflammatory agents (NSAIDS): All are permitted (except famprofazone) Permitted Narcotics: Hydrocodone (Vicodin, Norco, Lortab, Maxidone, Xodol, Zydone) Codeine (Tylenol with Codeine)
- **Sedatives/Sleep Aids:** Ambien, Ambien CR, Antivert, Ativan, Compoz, Dalmane diphenhydramine, Halcion, Lunesta, Nytol, Restoril, Rozerem, Sominex, Sonata, Unisom, Valium, Xanax
- **Ulcer Medications:** Aciphex, Acid, Carafate, Nexium, Pepcid, Prevacid, Prilosec, Protonix, Tagamet, Zantac

Dietary Supplement Warning

Some dietary or nutritional supplements (homeopathic remedies, herbs, botanicals, energy bars, additives to fruit shakes or smoothies), that are sold over the counter or through the Internet, contain substances that are prohibited under the PGA TOUR Anti-Doping Program. This may not be indicated on the list of ingredients. These products are not licensed and are not subject to the same strict manufacturing and labeling requirements as licensed medications.